

Summer Fencing Intensives: Schedule & Fees

Beginner & Intermediate/Advanced: Ages 8 to 14

The goal of the Bay State Fencers Intensive Programs is to provide four day, high quality, intensive fencing training during the summer months for beginner and intermediate/advanced fencers. We have designed these programs to appeal to youth of varying capabilities and interests.

Each Intensive Program is limited to 14 fencers. Sessions are filled on a first come, first served basis. Please register early to ensure enrollment in the session of your choice.

BEGINNER - Foil/Epee (boys and girls) Ages 8-12

July 19th – July 23rd, 2010

9:00am – 4:00pm

Our Beginner Intensive Program introduces students to the basics of Foil and Epee fencing in a fun and safe environment. Our coaching staff is assisted by Junior Competitive Fencers to make the coach-student interaction as accessible as possible. Emphasis is on sportsmanship and personal growth. The daily schedule includes conditioning, footwork, drills and tactics, electrically scored fencing and individual lessons.

Prerequisite: None

What to wear: Long loose fitting sweatpants, t-shirt and sneakers

What to bring: Extra t-shirt, bag lunch and water bottle (NO soda please)

Use of equipment and uniforms are included in the class fee

***Cost:** \$350 per session

Plus: Annual \$60 USFA Membership

INTERMEDIATE/ADVANCED – Foil/ Epee (boys and girls) Ages 10-14

July 26th – July 29th, 2010

9:00am – 4:00pm

Our Intermediate/Advanced Intensive Program is for students with prior fencing experience. In this program fencers will receive extensive skill development in either Foil or Epee. The physical demands of this program are greater and more time is set aside for sparring. Emphasis is placed on tournament competition and maximizing competitive success, strategy and tactics, bout structure and time management.

Prerequisite: Previous fencing experience

What to wear: T-shirt and shorts and personal fencing uniform

What to bring: Extra t-shirt, bag lunch and water bottle (NO soda please)

Personal fencing equipment (*equipment and uniform may be rented*)

***Cost:** \$350 per session

Plus: Annual \$60 USFA Membership

***PLEASE NOTE:** Enroll in both Beginner AND Intermediate/ Advanced for \$600.

What will I receive?

- Daily individual lesson with one of our coaches
- Daily small group instruction in footwork, conditioning and blade work
- Introduction to the USFA competition format and the role of the Director
- Tournament at the conclusion of training.

What is the daily schedule?

8:45 am - 9:00 am	Arrival and drop off
9:00 am - 10:00 am	Warm ups and physical training
10:00 am -10:15 am	Snack Break
10:30 am -12:00 pm	Drills, footwork and blade work
12:00 pm - 1:00 pm	Lunch and Movie
1:00 pm - 4:00 pm	Bouting and individual lessons
4:00 pm - 4:15 pm	Pick-up (<i>\$5 per min late pickup fee begins at 4:15 pm</i>)

Discipline Policy:

In order to maintain a healthy, productive and safe environment, all students will be required to exhibit appropriate behavior. Students who are not able to exercise self-discipline will be asked to sit out or to be picked up early.

Refund Policy:

There will be no refunds for missed camp time due to illness, transportation problems or other personal reasons.

Cancellation Policy:

Bay State Fencers reserves the right to cancel any clinic for which there is insufficient registration or for any reason, up to two weeks prior to the start of the clinic. Every attempt will be made to place a registrant of a canceled clinic in another clinic of his or her choice. If this is not possible, a full refund will be provided.

7/15/10